

## INSTRUCTIONS FOLLOWING A CROWN/VENEER/BRIDGE APPOINTMENT

A well fitted custom-made acrylic provisional crown or bridge has been made to protect and maintain the proper position of your supporting tooth.

Avoid eating or chewing until your local anesthesia has worn off completely to prevent biting your lips, cheeks or tongue. Avoid chewing sticky foods such as caramels and gum to avoid pulling the crown or bridge off.

Use caution in flossing around your provisional. Pull floss through the teeth. Do not force the floss up and down or it may dislodge your provisional.

If your provisional should become dislodged please call immediately for a very short visit to recement it-Even if tooth/teeth are not sensitive. The main function of your provisional is to protect your teeth and prevent shifting of your tooth/teeth out of its proper position. If your provisional comes off and is not replaced your permanent crown may not fit.

You may use a denture adhesive called FIXODENT to temporarily secure your crown/bridge if unable to come to the office. Familiarize yourself with the orientation of your crown/bridge. Place a VERY small amount of FIXODENT under the temporary and gently bite it into place. Call our office for an appointment for recementation.

Teeth that have been decayed or broken can exhibit symptoms of a nerve that is dying.



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Although this is not ordinarily expected, please call our office if any of the following symptoms occur:

1. Cold sensitivity that lingers when the cold is gone
2. Heat sensitivity
3. Biting pressure
4. Spontaneous pain, i.e., pain without provocation

If any of these signs or symptoms should occur, please call our office as soon as possible.

## **INSTRUCTIONS FOLLOWING COMPREHENSIVE CROWNS/VENEERS/BRIDGE**

Patients with multiple crowns/veneers will have a temporary phase 6weeks/8weeks due to the comprehensive nature of the case. Patients will have a custom clear retainer made at the end of their first appointment. This retainer is to be worn all day and night only to be taken off to eat.

This retainer is to provide protection against fracturing and breaking of crowns and veneers in the temporary phase. This is NOT a guarantee that temporaries will not or cannot chip. If they do, please call our office as instructed above.

It is very important that patient attends their 1 week follow up appointment with the doctor on

. During this appointment the bite will be checked, aesthetics (color, shape, length) will be discussed, and any changes made. Crowns will not be processed without this appointment.