



INSTRUCTIONS FOLLOWING A FILLING APPOINTMENT

A well sealed, well fitting tooth colored filling has been placed to protect and maintain the proper position of your supporting tooth.

Avoid eating or chewing until your local anesthesia has worn off completely to prevent biting your lips, cheeks or tongue. This may take until several hours after your appointment.

Teeth that have been decayed or broken can exhibit symptoms of a nerve that is dying. Although this is not ordinarily expected, please call our office if any of the following symptoms occur:

1. Cold sensitivity that lingers when the cold is gone
2. Heat sensitivity
3. Biting pressure
4. Spontaneous pain, i.e., pain without provocation

If any of these signs or symptoms should occur, please call our office as soon as possible.