

INSTRUCTIONS FOLLOWING AN IMPLANT CROWN DELIVERY

A well fitted custom-made implant crown has been fabricated to replace a missing tooth, protect and maintain the proper position of supporting teeth and structures.

DISCOMFORT: It is normal to experience gum soreness. Your gums may be sore for 2-3 days after implant crown is placed. To reduce soft tissue soreness, you may rinse your mouth 2-3 times per day with warm salt water (1/4 tsp. of salt in a cup of warm water).

ORAL HYGIENE:

Maintain normal oral hygiene care. Make sure to thoroughly brush and floss around your new implant crown as instructed. When flossing it is important that floss reaches all the way to the base of the implant for thorough cleaning. It is possible for patient to get gum disease and bone loss around implant site if not properly cared for. It is very important to maintain hygiene visits as recommended.

EATING: The first three weeks it is important to monitor what is eaten with new implant crown.

Week 1 Soft foods: examples are well cooked veggies, pastas, mashed potatoes, soups, salads.

Week 2 Medium Foods: examples are well cooked chicken & fish, soft breads, cooked veggies and soft fruits

Week 3 Hard foods: examples are meats, nuts, hard crusted bread, chips, raw fruits/veggies

PERMANENT CROWN: Your permanent implant crown is checked for fit and then cemented. A balanced bite is important so please be sure to inform us if you feel you have a "high" bite. It is also important to have your new crown checked regularly and cleaned at your hygiene visits.



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MOUTHGUARD: Like a natural tooth, an implant crown is susceptible to fracturing.

It is very imperative that all implants are protected from the grinding and clenching side effects by a mouthguard. Patients are to continue wearing mouth guard at night. Mouth guard is used to reduce the risk of any fracturing or breaking of patient's new crown, and bone loss at the implant base.

CONTACT OUR OFFICE:

- If patient notices crown/implant is loose
- Tenderness to chewing weeks after crown is places
- Gum swelling with or without bleeding at site of implant
- Puss at site of implant

Please reach our office immediately for examination by Dr. Adela